

# 2024

RP Funding Center  
701 West Lime Street  
Lakeland, Florida



# Agenda

## Tuesday, June 4<sup>th</sup>

9:00 a.m.-10:00 a.m. Registration and Check-in

10:00 a.m.-10:30 a.m. Welcome

10:30 a.m.-11:30 a.m. Opening Keynote

11:30 a.m.-12:15 p.m. Lunch and Exhibitors

12:15 p.m.-2:00 p.m. Breakout Sessions

2:00 p.m.-2:30 p.m. Healthy Snack Break

2:30 p.m.-4:15 p.m. Breakout Sessions

4:15 p.m.-5:00 p.m. Collaboration and Connection

5:00 p.m.-5:30 p.m. Closing General Session

## Wednesday, June 5<sup>th</sup>

9:00 a.m.-10:00 a.m. General Session

10:00 a.m.-10:30 a.m. Group Fitness Activity

10:30a.m.-11:00 a.m. Collaboration and Connection

11:00 a.m.-12:00 p.m. Lunch and Exhibitors

12:15 p.m.-2:00 p.m. Breakout Sessions

2:00 p.m.-2:30 p.m. Closing General Session

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# Tuesday, June 4<sup>th</sup>

WELCOME | 10:00 a.m.-10:30 a.m.

OPENING KEYNOTE | 10:30 a.m.-11:30 a.m.

## Team Nikic, Inc

### Opening Keynote

10:00-11:30

Chris and Nik Nikic share an inspiring and compelling story of triumph through principles of resiliency, success, coaching and execution.



Chris Nikic set a world record by being the first Special Olympics athlete and person with Down Syndrome to complete a 140.6 Mile Ironman. His mission is to motivate others with similar experiences to pursue exceptional goals. Chris' greatest achievement is demonstrating how to focus your efforts on the strengths and abilities necessary to overcome life's challenges. He uses this shift in perspective to pursue his dreams with an unwavering tenacity, a positive attitude and grit that can help anyone achieve their aspirations. Chris Nikic completed the Boston, New York City, Tokyo and Disney marathons, was a 140.6 Finisher and was invited to the Ironman Hawaii in 2022. He is a Guinness Book Record holder, Special Olympics Champion Ambassador and appears in the Florida Sports Hall of Fame. Mr. Nikic is also a two-time Excellence in Sports Performance award winner, published author and has been honored on several occasions to commemorate his many accomplishments.



Nik Nikic strives to implement the 1% Better System for sustainable continuous improvement. His most notable coaching endeavor includes teaching his son how to achieve the impossible by getting 1% better every day. Mr. Nikic uses the 1% Better System to encourage his son to reach his full potential and

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**LUNCH | 11:30 a.m.-12:15 p.m.**

**BREAKOUT SESSIONS | 12:15 p.m.-1:00 p.m.**

## **Tobacco Prevention Education and the Dangers of Vaping**

**Breakout Session** In late 2018, the United States Food and Drug Administration Commissioner and Surgeon General acknowledged youth electronic vaping product (EVP) use as a nation-wide epidemic. Nearly five years later, youth vaping remains at epidemic levels, manifesting as an acute disruption to the learning environment. This breakout session will cover the current state of youth EVP use in Florida, innovations in EVP devices and liquids contributing to youth EVP initiation and strategies that may be used to combat youth vaping in your schools.

12:15-1:00

*Robert Ostbye serves as a statewide policy coordinator for the Bureau of Tobacco Free Florida at the Florida Department of Health, responsible for managing Tobacco Free Florida's school-focused policy initiatives. He also provides oversight for Florida's Online Tobacco Education Courses for students, educators and nurses provided through the School Board of Palm Beach County's Tobacco Prevention Program.*

## **Functional Foundations of Fitness**

**Breakout Session** Physical education standards reflect student knowledge of health and fitness, as a result of a quality physical education program. This presentation will include activities based on movement competency and lifetime fitness standards that encourage educators to focus on the foundations of fitness while providing instruction in physical education.

12:15-1:00

*Luis Ramos serves as the PreK-12 Physical Education (PE) and Health Education (HE) Staff Developer for Pinellas County Schools. Prior to becoming a staff developer, Luis was a Physical Education teacher for many years. Luis desires to continually contribute new content to develop the ever-evolving profession of*

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## Supporting School District Health

**Breakout Session** 12:15-1:00 Safe and supportive schools facilitate effective learning and encourage healthier students. This breakout session will examine the link between wellness and the success of students, discuss ways to improve health, and explore ideas to enhance the school environment.

*Carlye Fabrikant serves as the Wellness Coordinator for Palm Beach County School District. She is an accomplished manager and educator with twenty-five years of experience in community health, wellness, education and fitness. Carlye earned her master's degree in Exercise Science and Wellness Education. Currently, Carlye is pursuing a PhD in Public Health Leadership.*

## BREAKOUT SESSIONS | 1:15 p.m.-2:00 p.m.

### Health Education Requirements

**Breakout Session** 1:15-2:00 Health Education provides students with the knowledge and skills they need to be healthy throughout a lifetime. The intent of a comprehensive health education program is to motivate students to maintain and improve their health, prevent disease, and avoid health related risk behaviors. This session will encompass updates relating to required instruction, the health education standards review process and health education toolkits.

*Ashley Rogers serves as the Health Education Specialist for the Florida Department of Education. Prior to joining Office of Healthy Schools, Ashley was a program specialist in the Bureau of Educator Certification. Ashley earned a Bachelor of Science degree in Health Education.*

*Meghan Spencer joined the Florida Department of Education in 2022 as the Health Education Specialist and now serves as the Director of the Office of Healthy Schools. Meghan earned a Master of Public Health degree with a focus on Behavioral Sciences and Health Education.*

## School Health Services

**Breakout Session** 1:15-2:00 A student's health is directly related to his or her ability to learn. Children with unmet health needs may have a difficult time engaging in the educational process. In this presentation, the role of the school nurse is highlighted as the cornerstone of two divergent communities (educational and clinical), and as such can communicate and actively collaborate with practitioners from both fields. State and local data that influence school age children's health and learning outcomes will be discussed. Lastly, recent legislative provisions and requirements will be discussed with ways school nurses directly benefit the school community.

*Karla Bass is the School Nurse Consultant in the Bureau of Exceptional Education and Student Services at the Florida Department of Education (FDOE). Before coming to FDOE, Karla served as the Interim School Nurse Administrator and Registered School Nurse Consultant while at the Florida Department of Health in the Bureau of Community Health Promotion focusing on the School Health Services Program.*

## Navigating CPALMS

**Breakout Session** 1:15-2:00 CPALMS is an online toolbox that helps educators effectively implement Florida's state academic standards using course descriptions. The online platform provides access to a multitude of standards-based instructional resources for educators, parents and students. Learn to navigate CPALMS by participating in this informative breakout session that will provide an interactive overview of the online platform and the new CPALMS app.

*Robert Hanna is a curriculum specialist with the Learning Systems Institute at Florida State University and has been part of the CPALMS team for nearly four years. Previously, Robert was a middle school science teacher for fifteen years. Robert earned a Master of Science degree in Educational Leadership and Administration.*

**HEALTHY SNACK BREAK | 2:00 p.m.-2:30 p.m.**

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## BREAKOUT SESSIONS | 2:30 p.m.-3:15 p.m.

### Implementing Internet Safety Instruction

**Breakout Session** In this session, participants will explore how Florida's state academic standards address Internet safety within health education and computer science. This session will include comprehensive age-appropriate and developmentally appropriate strategies for educators to utilize through their instruction to inform students on the effects of social media. This session will also provide an overview of the development of the Internet Safety standards, resources to implement related instruction and horizontal alignment within content areas, including computer science.

2:30-3:15

*Meghan Spencer joined the Florida Department of Education in 2022 as the Health Education Specialist and now serves as the Director of the Office of Healthy Schools. Meghan earned a Master of Public Health degree with a focus on Behavioral Sciences and Health Education.*

### Active Play for Students Kindergarten through Grade 5

**Breakout Session** Looking for ways to get all students moving from bell to bell? In this session, participants will learn how to maximize engagement in elementary physical education classrooms. This session will encourage participants to provide a variety of standards-based activities that focus on building classroom environments and increase student learning. Attend this session to gain strategies that empower students to participate through experience, challenge and success.

2:30-3:15

*Ashley Grimes serves as a curriculum specialist for Pinellas County Schools for Physical Education, Health Education and School Wellness. Ashley has continually focused her work in education to develop healthy and physically literate students through innovative curriculum and enhanced teacher practice through high-quality professional learning experiences.*

## Resiliency Education: Implementing Instruction

**Breakout Session** 2:30-3:15 The Resiliency Florida initiative was launched in 2021 to equip students with the skills to overcome life's inevitable challenges. In this unique and fun-filled breakout session, participants will discuss the newly developed resiliency education standards and a variety of activities to utilize in the classroom.

*In over twenty-six years of experience in education, Julie Abruzzi has taught PreK through secondary students in both public and private schools. Julie currently serves as the School Counseling Program Specialist for the Marion County Public Schools Mental Health and Wellness Department. Julie earned two Masters of Science degrees in Counseling and Educational Leadership.*

*Holly Busse has been a Certified Professional School Counselor for over thirty-one years, during which she provided services at the high school, adult and postsecondary levels. Holly currently serves as the School Counseling Specialist with Escambia County Public Schools. Holly Busse earned a Master of Science degree in Counselor Education.*

### BREAKOUT SESSIONS | 3:30 p.m.-4:15 p.m.

## Supporting Instruction in Health and Physical Education

**Breakout Session** 3:30-4:45 Join this informative breakout session to receive up-to-date information related to the implementation of Health and Physical Education. This breakout session will examine State Board of Education rules related to requirements for programs and courses, student performance standards, and course requirements. Participants will also discuss the health education standards development process, course implications and relevant CPALMS resources.

*Meghan Spencer joined the Florida Department of Education in 2022 as the Health Education Specialist and now serves as the Director of the Office of Healthy Schools. Meghan earned a Master of Public Health degree with a focus on Behavioral Sciences and Health Education.*

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## Navigating Educator Certification

**Breakout Session** 3:30-4:45 The purpose of the Florida Educator Certification is to support the academic achievement of students by assuring that educators are professionally qualified to provide highly effective instruction. This breakout session will present information regarding certification rules, processes, updates to legislation and avenues for renewal.

*Michelle L. Gaines has thirty-four years of educational experience on the local, district and state levels. During her public school career, she has served as a teacher, coach and administrator. Since 2012, Ms. Gaines has held four distinct roles at the Florida Department of Education and currently serves as the Bureau Chief of Educator Certification. Ms. Gaines is committed to continuous improvement and making a difference in the lives of others.*

## Integrating Civics into Character Education

**Breakout Session** 3:30-4:45 Florida's revised K-12 civics and government benchmarks were fully implemented during the 2023-2024 academic year and can be paired with recently developed resiliency education standards. This session will provide insight on how to incorporate resiliency education standards with rich civics and government content that enhances student understanding by connecting historical examples of resiliency to real life applications.

*Jasmine Peralta serves as the Regional Civics Literacy Coach for Brevard and Osceola counties, using her experience from a ten-year tenure as a middle school social studies teacher.*

## CONNECTION AND COLLABORATION | 4:15 p.m.-5:00 p.m.

### Connection and Collaboration

4:15-5:00 Get ready to connect! Attendees will participate in timed challenges involving health and physical education standards and lesson development.

*Join a table with educators who are from a different district. Share your contact information for future opportunities to collaborate.*

## CLOSING GENERAL SESSION | 5:00 p.m.-5:30 p.m.

### Office of Healthy Schools

5:00-5:30 Reflect with the Office of Healthy Schools after a day of engagement and learning. Don't forget to complete the surveys for the breakout sessions you attended!

### Attendee Portal



Please use the QR code to access an event scheduler, session attendance and surveys. Email address used when registering and confirmation number required for use.

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# Wednesday, June 5<sup>th</sup>

## GENERAL SESSION | 9:00 a.m.-10:00 a.m.

### Florida Department of Education Updates

9:00-10:00 This general session will provide information from the Florida Department of Education relating to legislative updates, State Board of Education Rule updates, and Florida Resiliency Initiatives.

*Dr. Peggy Aune serves as Vice Chancellor for Strategic Improvement at the Florida Department of Education. She served Collier County Public Schools for over twenty years in various roles including teacher, principal, and associate superintendent of teaching and learning. Dr. Aune also has experience in a non-profit setting with a focus on community-wide collective impact. Dr. Aune is honored to serve the children and families of Florida.*

## GROUP FITNESS ACTIVITY | 10:00 a.m.-10:30 a.m.

### Kathleen Wright

10:00-10:30 Get ready to move with Kathleen Wright from Florida Virtual School! Kathleen is a Health and Physical Education Curriculum Specialist and was a member of the Health Education Standards Workgroup.

## CONNECTION AND COLLABORATION | 10:30 a.m.-11:00 a.m.

### Connection and Collaboration

10:30-11:00 Get ready to connect again! Attendees will participate in timed challenges involving health and physical education standards and lesson development.

*Join a table with educators who are from a different district. Share your contact information with them for future opportunities to collaborate.*

## LUNCH | 11:00 a.m.-12:00 p.m.

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## BREAKOUT SESSIONS | 12:15 p.m.-1:00 p.m.

### Driver Education: Personal Safety and Injury Prevention

**Breakout Session** 12:15-1:00 Traffic crashes remain a major cause of preventable death and serious injury for teenagers. In this highly informative breakout session, participants will examine how Florida educates teen drivers. Buckle up and prepare for this high energy, all-encompassing Driver Education session full of resources to help keep teens and other drivers safe.

*Derek Stewart serves as a Driver Education Coordinator for Florida Virtual School. Derek spearheads initiatives to enhance, support and expand Driver Education for over 75K students every year. Prior to his role as Driver Education Coordinator, Derek spent many years as an educator and athletic*

### Functional Fitness 6-12: Standards-Based Instruction

**Breakout Session** 12:15-1:00 Expand your toolbox by participating in standards-based activities focused on developing students' health and skill-related components of fitness. This FUNdamental session will provide attendees with strategies to motivate students, make fitness more meaningful and provide educators with methods to ensure students lead a physically active lifestyle.

*Ashley Grimes serves as a curriculum specialist for Pinellas County Schools for Physical Education, Health Education and School Wellness. Ashley has continually focused her work in education to develop healthy and physically literate students through innovative curriculum and enhanced teacher practice through high-quality professional learning experiences.*

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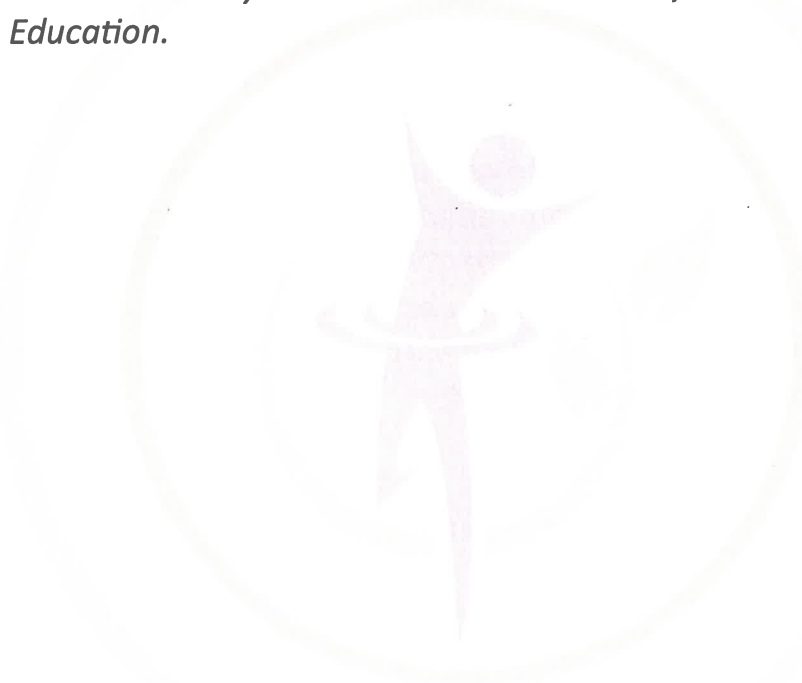


## Youth Suicide Prevention

**Breakout Session** This breakout session will review Rule 6A-4.0010, Florida Administrative Code, which outlines the requirements for Youth Suicide Awareness and Prevention and the requirements for the Suicide Prevention Certified Schools designation. State Requirements for Involuntary Examination reporting will also discussed.

12:15-1:00

*Dr. Andrew Weatherill serves as the Senior Director of the Student Services at the FDOE. Prior to becoming Director, Andrew served as the Secondary School Counseling Consultant. Before coming to the FDOE, Andrew served as the district level supervisor of school counseling and as a school counselor in the Florida school system. Dr. Weatherill recently earned a Doctorate of Education.*



## BREAKOUT SESSIONS | 1:15 p.m.-2:00 p.m.

### Resiliency Education: Standards-Based Instruction

**Breakout Session** 1:15-2:00 Florida is building resiliency! Learn skills to provide instruction related to resiliency education, civic and character education and life skills education in this interactive session. Breakout session participants will discuss resiliency education standards alignment, activities to implement instruction and supporting educators providing required instruction.

*Larry Porter has several years of experience facilitating the implementation of a multi-tiered system of support for behavioral and academic systems at the school and district level. Currently Larry serves as Supervisor of Intervention Services for Pasco County School District evaluating the effectiveness of intervention services and systems.*

*Kelly Gattuso serves as Pasco County Schools Tier One Behavioral and Resiliency Program coordinator. Kelly works closely with district and school leaders to build and implement tier one systems for behavior at the school level. She also works with teachers to increase skills in teaching, practicing and supporting positive behaviors in the classroom. Kelly has over twenty years of experience in education.*

### Active Play for Students Kindergarten through Grade 5

**Breakout Session** 1:15-2:00 Looking for ways to get all students moving from bell to bell? In this session, participants will learn how to maximize engagement in elementary physical education classrooms. This session will encourage participants to provide a variety of standards-based activities that focus on building classroom environments and increase student learning. Attend this session to gain strategies that empower students to participate through experience, challenge and success.

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## Florida-Specific Youth Survey Results

**Breakout Session**  
1:15-2:00

The Florida-Specific Youth Survey aligns to required instruction for health education including resiliency education, civic and character education and life skills education. Survey results may inform an enhanced alignment of services, support and instruction to better meet the needs of students. This session will provide an overview of the Florida-Specific Youth Survey and legislative alignment to required instruction and survey results.

*Charita Washington serves as the Physical Education Specialist for the Florida Department of Education. Prior to joining the Office of Healthy Schools, Charita designed and implemented standards-based curricula as an elementary school teacher for several years. Charita earned a Master of Public Health degree with a focus on Health Policy and Management.*

*Meghan Spencer joined the Florida Department of Education in 2022 as the Health Education Specialist and now serves as the Director of the Office of Healthy Schools. Meghan earned a Master of Public Health degree with a focus on Behavioral Sciences and Health Education.*

## CLOSING GENERAL SESSION | 2:00 p.m.-2:30 p.m.

### Office of Healthy Schools

2:00-2:30

Thank you for joining the Office of Healthy Schools for the 2024 Healthy Schools Summer Academy. We greatly appreciate your commitment to Florida's students and hope to see you next year.

### Attendee Portal



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# Agenda

Tuesday, June 4 <sup>th</sup>				
9:00-10:00	Registration and Check-in   Pre-Academy Survey			
10:00-10:30	Welcome Exhibit Hall			
10:30-11:30	Opening Keynote   Team Nikic: Chris and Nik Nikic Exhibit Hall			
11:30-12:15	Lunch and Exhibitors Exhibit Hall			
	Health Education	Physical Education	Connect, Collaborate and Create	Required Instruction
12:15-1:00	<b>Tobacco Prevention Education and the Dangers of Vaping</b> Robert Ostbye Tobacco Free Florida Policy Coordinator <i>Room G</i>	<b>Functional Foundations of Fitness</b> Luis Ramos PE and HE Instructional Staff Developer <i>Room H</i>	<b>Supporting School District Health</b> Carlye Fabrikant Wellness Coordinator <i>Room J</i>	
1:15-2:00	<b>Health Education Requirements</b> Ashley Rogers Meghan Spencer Healthy Schools <i>Room K</i>		<b>School Health Services</b> Karla Bass Exceptional Education and Student Services <i>Room G</i>	<b>Navigating CPALMS</b> Robert Hanna Science, Technology and Engineering Specialist <i>Room J</i>
2:00-2:30	Healthy Snack Break			
2:30-3:15	<b>Implementing Internet Safety Instruction</b> Meghan Spencer Healthy Schools <i>Room J</i>	<b>Active Play for Students Kindergarten through Grade 5</b> Ashley Grimes PE Curriculum Specialist <i>Room H</i>	<b>Resiliency Education: Implementing Instruction</b> Julie Abbruzzi Holly Busse School Counseling Specialists <i>Room K</i>	
3:30-4:15		<b>Implementing Health and Physical Education Instruction</b> Meghan Spencer Healthy Schools <i>Room H</i>	<b>Navigating Educator Certification</b> Michelle Gaines Educator Certification <i>Room G</i>	<b>Integrating Civics into Character Education</b> Jasmine Peralta <i>Room K</i>
4:15-5:00	Collaboration and Connection			
5:00-5:30	Closing General Session			

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Wednesday, June 5 <sup>th</sup>				
9:00-10:00	<b>General Session   Department of Education Updates</b> Exhibit Hall			
10:00-10:30	<b>Group Fitness Activity   Kathleen Wright</b> Exhibit Hall			
10:30-11:00	<b>Collaboration and Connection</b> Exhibit Hall			
11:00-12:00	<b>Lunch and Exhibitors</b> Exhibit Hall			
	<b>Health Education</b>	<b>Physical Education</b>	<b>Connect, Collaborate and Create</b>	<b>Required Instruction</b>
12:15-1:00	<b>Driver Education: Injury Prevention and Safety</b> Derek Stewart Driver Education Coordinator <i>Room K</i>	<b>Functional Fitness for Students Grades 6 through 12</b> Ashley Grimes PE Curriculum Specialist <i>Room H</i>	<b>Youth Suicide Prevention</b> Dr. Andrew Weatherill Exceptional Education and Student Services <i>Room G</i>	
1:15-2:00	<b>Resiliency Education: Standards Based Instruction</b> Larry Porter Kathy Gattuso Behavioral and Resiliency Specialists <i>Room J</i>	<b>Active Play for Students Kindergarten through Grade 5</b> Ashley Grimes PE Curriculum Specialist <i>Room H</i>		<b>Florida-Specific Youth Survey Results</b> Charita Washington Meghan Spencer Healthy Schools <i>Room K</i>
2:00-2:30	<b>Closing General Session   Post-Academy Survey</b> Exhibit Hall			

# Exhibitors

## Exhibit Hall

### EVERFI

### Five Star Life

### Florida Department of Health, Healthy Communities of Florida

### Florida Department of Highway Safety and Motor Vehicles Foundation for a Drug-Free World

### G-W Publisher

### Monique Burr Foundation for Children

### School Health Corporation

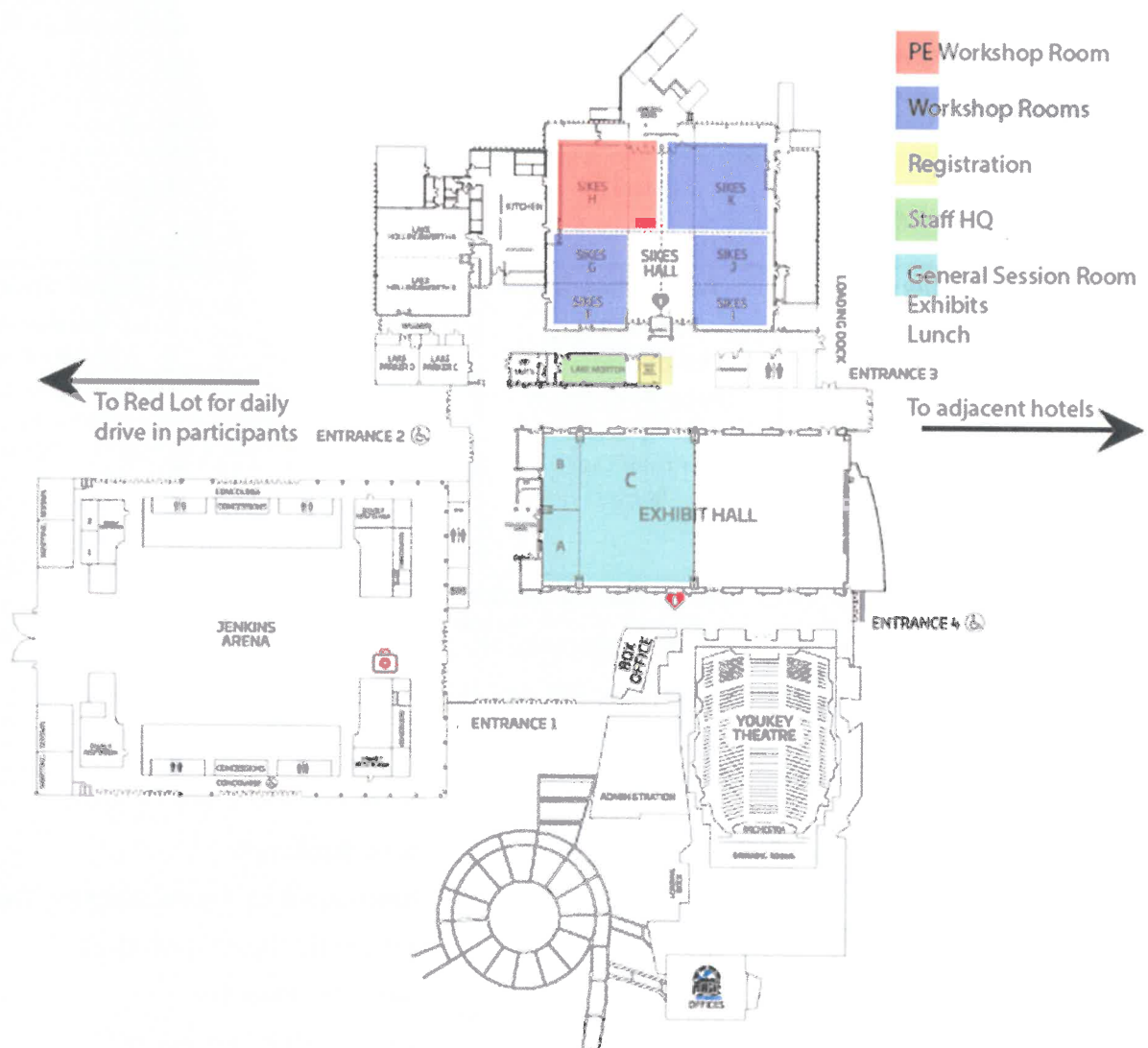
### Sunshine Health

### The Walking Classroom

### Tobacco Prevention Program

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# FACILITY OVERVIEW



Visit [RPFundingCenter.com](http://RPFundingCenter.com) to see how we can accommodate your event. Email us at [sales@rpfundingcenter.com](mailto:sales@rpfundingcenter.com) or call 863-834-8100 for pricing today.

**SPECIAL APPRECIATION TO  
THE FLORIDA DEPARTMENT OF EDUCATION  
MANNY DIAZ, JR.  
Commissioner of Education**

**ADAM MILLER**  
*Senior Chancellor*  
**DR. PAUL O. BURNS**  
*Chancellor of Public Schools*  
**DR. PEGGY AUNE**  
*Vice Chancellor for Strategic Improvement*  
**DR. SUNNY CHANCY**  
*Deputy Chancellor for Educator Quality*  
**AMANDA BALL**  
*Chief of Staff*  
**CORY DOWD**  
*Deputy Chief of Staff*

**PATRICIA DUNCAN**  
*Chief, Bureau of Standards & Instructional Support*  
**NATASHA LUNAN**  
*Director, Project Management & Grants*  
**KATELYN BARRINGTON**  
*Director, Library Media & Instructional Materials*  
**CAROLINE PALMER**  
*Program Specialist, Library Media & Instructional Materials*  
**NATALIE ALDAY**  
*Secondary Math Specialist*  
**RAVEN WILCOXSON**  
*Director, Title IV Part A*

**FLORIDA EDUCATION FOUNDATION**

**LINDSEY ZANDER**  
*Executive Director*

**KAREN DENNIS**  
*Program Specialist*

**EVENTS FOR LEARNING, LLC**  
**NOELLE BONARD**  
*Event Coordinator*

RESOURCE LIST	
Office of Healthy Schools	Meghan Spencer, Director Ashley Rogers, Health Education Specialist Charita Washington, Physical Education Specialist <a href="http://www.fldoe.org/schools/healthy-schools/">www.fldoe.org/schools/healthy-schools/</a>
Student Support Services	Dr. Andrew Weatherill, Senior Director <a href="http://www.fldoe.org/schools/k-12-public-schools/sss/">www.fldoe.org/schools/k-12-public-schools/sss/</a>
CPALMS	<a href="http://www.cpalms.org">www.cpalms.org</a>
Human Trafficking Prevention	National Human Trafficking Hotline   1-888-373-7888 If You See Something, Say Something™   1-855-FLA-SAFE
Suicide and Crisis Lifeline	988
National Domestic Violence Hotline	Call 1-800-799-7233   TTY 1-800-787-3224
Substance Abuse and Mental Health Services Administration	<a href="http://www.samhsa.gov">www.samhsa.gov</a>
Tobacco Free Florida	850-245-4144   <a href="http://www.tobaccofreeflorida.com">www.tobaccofreeflorida.com</a> <a href="mailto:contact@tobaccofreeflorida.com">contact@tobaccofreeflorida.com</a>
Essential Community Services	211   <a href="http://www.211.org">www.211.org</a>

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